

# Key Milestones



In the Life of a Child



# Capture Every Special Moment!

Are you a proud parent who wants to cherish every precious moment of your child's journey? Look no further! I'm here to guide you on an incredible photographic adventure.

As a parent myself, I understand how quickly time flies! From their first steps to their graduation day, each milestone holds a unique significance that deserves to be celebrated and preserved.

This guide walks you through the stages in a child's life. Of course, I think you should document them all, but this guide points out key milestones that you simply can't afford to miss.

# Stage 1

## *Babyhood*

0-12 months





There is a magic in the first year of a baby's life. From their first smile to their first steps, each day is filled with wonder and joy. As a parent, you want to hold onto these precious memories forever, cherishing them as your little one grows.

The first **three months** are a whirlwind of cuddles, coos, and tiny fingers grasping yours. This is the perfect time to capture your newborn's innocence and vulnerability in a portrait that will become a cherished heirloom.

At **six months**, your baby starts to discover the world around them with wide-eyed curiosity. Their personality begins to shine through and that deserves to be celebrated with a portrait capturing their growing sense of wonder.

Turning **1 year** old is a **KEY MILESTONE** that you simply must capture. We love a traditional Heirloom Portrait at this time. We offer other styles as well. It doesn't matter what you choose - don't miss this portrait, because everything is about to change!

# Stage 2

## *Toddler*

1-3 years





A magical realm where innocence and wonder meet curiosity and energy, the toddler years are a time of rapid growth and transformation.,

At **18 months**, your little one is at a crossroads between infancy and independence. They are grasping onto parents with one hand while reaching for the future with the other. We suggest individual portraits with mom or dad (or one of each), allowing the toddler feel secure while being photographed.

As they approach **age 2**, toddlers waver between delight and uncertainty. They laugh as they revel in newfound abilities and experiences, yet still have a bit of trepidation as they venture into uncharted territories. An informal family portrait works well for this **KEY MILESTONE** to show the the family interacting.

By **age 3**, your toddler is a whirlwind of learning and exploration. Their thirst for knowledge knows no bounds as they absorb information at an astonishing pace. A portrait at this moment immortalizes their curiosity and is a testament to their insatiable hunger for understanding.

# Stage 3

## *Childhood*

5-8 years





This is a time when childhood magic reaches its peak. Around **age 5**, a drastic change happens - baby teeth start falling out. Faces lose their babyish look and elongate and you realize your toddler is now a child! Be sure to capture this **KEY MILESTONE** and your child's new level of maturity.

To bridge the gap between Childhood and Youth, we suggest a family portrait at **age 7**. This is a great time to choose an outdoor location for the portrait.

By **age 8**, children are becoming more independent from their parents. Their worlds are expanding and they are forging deeper connections with peers and other adults, creating a rich tapestry of social relationships. Age 8 is often called the age of reason or accountability, when they become less egocentric and begin to understand the perspectives of others.



# Stage 4

## *Youth*

9 - 12 years





In the midst of busy schedules and sassy attitudes, it's easy to overlook the significance of capturing portraits during these years.

As children enter this transformative phase, their emotional connection with friends becomes increasingly important, especially with those who share their same interests and experiences. At the same time, they experience significant peer pressure. Portraits at this age often help them see themselves in a different light.

A portrait at **age 10** becomes a testament to their blossoming identity, where they shine as individuals while still cherishing the bonds they share with loved ones.

Be sure to capture a **KEY MILESTONE** portrait at **age 12** right before your child steps into the teenage years. It's one last chance to capture childhood innocence before it gives way to adolescence. The portraits provide a beautiful bridge.

# Stage 5

## *Young Adult*

13-17 years





The early teen years (**13 to 14**) are a time of immense growth and self-discovery. Teens embark on an exhilarating and challenging journey, often finding themselves caught between towering expectations and a nagging lack of self-confidence. Amidst their moodiness and introspection lies an opportunity—a chance to break negative cycles and empower these young souls. Enter the world of child-directed creative portraits, where magic happens through the lens of my camera.

Older teens (**15 to 17**) begin to forge their own path, spending less time with us and more with friends and romantic interests. They embark upon a journey of self-exploration and shape their identities in ways we may not fully comprehend. As parents, we can honor this transition with portraits that reflect who they are becoming. Working closely with you and your teen during the planning process, we ensure that every detail aligns with their vision. The senior year of High School is a **KEY MILESTONE** well worth capturing before you send them into the world. .

# Bulletin Board Reminder

	3 months
	6 months
<b>KEY MILESTONE</b>	12 months
	18 months
<b>KEY MILESTONE</b>	2 years
	3 years
<b>KEY MILESTONE</b>	5 years
	7 years
	8 years
	10 years
<b>KEY MILESTONE</b>	12 years
	13 - 14 years
	15 years
<b>KEY MILESTONE</b>	17 - 18 years

# No Regrets!

Life can be a blur! Between running our kids around to school and activities, managing our own busy lives, taking care of a household, and even tending to our beloved furry companions, it feels like there's never enough time in the day.

Through it all, I held onto one truth: time flies by in the blink of an eye. I didn't want to have any regrets. I knew deep down that capturing authentic portraits of my family was not just about preserving memories - it was about making my children feel loved, valued, important, and part of something larger than themselves.

As a dedicated photographer and creator, my mission is simple: to guide you through this journey of love and authenticity. Don't worry about the busy schedules that often consume our lives. I understand the demands of modern life, and I strive to make the entire process as seamless as possible. From design collaboration to delivery and installation, I'll handle it all with minimal interruption to your busy schedule. After all, this journey should be a joyous one, not an added stressor to your already full plate.

Let's embark on this adventure together. Let's capture those fleeting moments that will be cherished for generations to come. Because in the end, it's not just about having photos on your walls - it's about celebrating the love and connection that binds your family together.





Lisa Maco Photography, LLC  
4400 Greenwich Pkwy NW  
Washington, DC 20007  
lisamaco.com  
lisa@lisamaco.com  
202.905.8180